

stars, artists and space-age religions. Over the years, thousands of UFO sightings were investigated but officially dismissed.

In 1957, the year the Russians launched Sputnik, Cynthia Appleton from Aston in Birmingham reported that she was visited by aliens. They had told her that although she was pregnant by natural means, her baby would be born a "space baby" and go on to be a world leader. Matthew Appleton, her son, so far remains anonymous.

Still the general fear of little green men remains. Guitarist Keith Richards of The Rolling Stones was so paranoid about UFOs that he had a UFO detector installed at his house - the box would sound an alarm in the unlikely event of a UFO passing over his property.

And in 1978, after the release of the blockbuster film Close Encounters Of The Third Kind, 750 UFO sightings were reported to the Ministry of Defence.

They were not the only ones. From 1959 to the present day, the Ministry of Defence estimates that it has recorded an incredible 10,556 UFO sightings.

The truth, as they say, is out there \dots or is it?

• Timewatch - Britain's X Files, BBC2, Friday, 9pm

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